

7 Healing Practices



These 7 Healing Practices are the foundation of health-promoting therapies for people with cancer.

Our purpose

Beyond Conventional Cancer Therapies (BCCT) helps you—a motivated person with cancer—explore the best integrative approaches to cancer diagnosis and treatment that go beyond conventional cancer care.

BCCT helps you discover a balanced approach that fits your needs.

We hope to help you make informed decisions, either on your own or, preferably, with your trusted healthcare team.

What people are saying

An amazing encyclopedic compendium of the current state of integrative cancer care!

Donald Abrams, MD

BCCT is at the top of my referral list for web-based information on integrative cancer care.

Lise Alschuler, ND, FABNO

The authoritative online source to inform and empower your search through the maze of conventional and alternative therapies.

Ken Cook

Fearlessly objective, patient-centered, compassionate, with science and analysis carefully separated.

Dwight McKee, MD

An outstanding resource for patients seeking objective information about both orthodox and non-conventional cancer treatments.

Ralph Moss, PhD

Beyond Conventional Cancer Therapies is an amazing synthesis of useful and difficult-to-find descriptions of treatments.

Debu Tripathy, MD

I highly recommend BCCT as an invaluable source of useful information.

Andrew Weil, MD

Beyond Conventional Cancer Therapies



A Guide to Integrative Cancer Therapies



bcct.ngo



64% of Americans with cancer use complementary and integrative therapies.

Do you know how to make wise choices about therapies?

BCCT summarizes the uses, safety, and research evidence for close to 100 therapies.

BCCT offers evidence-informed resources to help you make your choices.

We don't recommend therapies. We don't try to sell you anything. We strongly recommend consulting your healthcare team.

Knowledge is power, and empowering you is our goal.

BCCT explores the best complementary and integrative approaches to cancer:

Natural products and herbs

Mind-body practices

Diet

Exercise and movement

Prayer and spiritual healing

Energy practices

BCCT also investigate other approaches:

Off-label/repurposed drugs approved for other conditions

Therapies from mainstream sources that are neglected, forgotten or not in fashion

Promising therapies not in conventional use in the US and Canada

Innovative diagnostic methods

We explore the science and the soul of integrative cancer care.

Commonweal Cancer Projects, commonweal.org

Beyond Conventional Cancer Therapies (BCCT) joins the family of cancer-care programs at Commonweal:

BCCT summarizes integrative approaches and therapies to guide decisions in cancer care.

Healing Circles is an international learning community focusing on creating psychosocial support circles for people with cancer and other conditions.

Commonweal Cancer Help Program is a week-long retreat to help participants live better and, where possible, longer lives. CCHP addresses the unmet needs of people with cancer.

Healing Kitchens Institute cooking programs bring education about food and nutrition to all audiences.

